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9. A composition comprising at least two micellar complexes produced according to claim 1.
 10. A composition comprising at least two micellar complexes produced according to claim 2.
 11. A composition according to claim 9, wherein at least one micellar complex further comprises an agent for targeting a mammalian cell.
 12. A composition according to claim 11, wherein said agent for targeting is selected from peptides containing a RGD, UDP/UTP, lactose, cyclic RGD peptide, penetratin, lectins, agents to target the LDL receptor, mannose-6-phosphate, HAV peptides, CNP-22 peptides and airway specific single chain antibodies.
 13. A composition according to claim 9, wherein at least one micellar complex further comprises a hydrophobic species to coat said micellar complex.
 14. A composition according to claim 9, wherein said biologically active molecule is DNA.

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15. A composition according to claim 14, wherein said at least one cationic lipid and said DNA are present in a lipid:DNA ratio of 1:8 vol:vol.

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17. A method of delivering a biologically active molecule to a cell of a mammal comprising contacting said cell with a composition comprising at least two micellar complexes, wherein each micellar complex comprises:
at least one cationic lipid;
at least one biologically active molecule; and

FINNEGAN
HENDERSON
FARABOW
GARRETT &
DUNNER LLP

1300 I Street, NW
Washington, DC 20005
202.408.4000
Fax 202.408.4400
www.finnegan.com

D⁴ cont'd
a least one PEG derivative

and wherein each micellar complex in the composition is part of a group of micellar complexes having a variation in size distribution of less than or equal to about 20% of the average micellar complex size.

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18. A method of delivering a biologically active molecule to a cell of a mammal according to claim 17, wherein at least one micellar complex further comprises a co-lipid.

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21. A method of delivering a biologically active molecule to a cell of a mammal according to claim 17, wherein at least one micellar complex further comprises a hydrophobic species to coat said at least one micellar complex.
22. A method of delivering a biologically active molecule to a cell of a mammal according to claim 17, wherein at least one micellar complex further comprises an agent for targeting a mammalian cell.

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25. A composition comprising at least two micellar complexes, wherein each micellar complex comprises:
- at least one cationic lipid;
 - at least one PEG derivative; and
 - at least one biologically active molecule; and
- wherein each micellar complex in the composition is part of a group of micellar complexes having a variation in size distribution of less than or equal to about 20% of the average micellar complex size.

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26. A composition according to claim 25, wherein at least one micellar complex further comprises a co-lipid.

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Fax 202.408.4400
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28. A composition according to claim 25, wherein said biologically active molecule is DNA.
29. A composition according to claim 25, wherein at least one micellar complex further comprises an agent for targeting a mammalian cell.
30. A composition according to claim 29, wherein said agent for targeting is selected from peptides containing a RGD sequence, UDP/UTP, lactose, cyclic RGD peptide, penetratin, lectins, agents to target the LDL receptor, mannose-6-phosphate, HAV peptides, CNP-22 peptides and airway specific single chain antibodies.

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31. A method of making micellar complexes comprising:
- a) combining at least one cationic lipid with a sufficient amount of PEG derivative to produce micellar lipids;
 - b) combining said micellar lipids and at least one biologically active molecule to form said micellar complexes,
- wherein the size distribution of said micellar complexes is narrower than the size distribution of traditional lipid complexes.

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33. A micellar complex comprising:
- at least one cationic lipid;
 - at least one PEG derivative; and
 - at least one biologically active molecule;
- wherein the micellar complex is part of a group of micellar complexes having a size distribution narrower than the size distribution of traditional lipid complexes.

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GARRETT &
DUNNER LLP

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